

## Parent Resources for Conversations with Children about Race

*“The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.”*

*-Dr. Martin Luther King.*

Dear Parents,

I know that many of you are spending much time thinking about all that is happening in our country now around race in addition to the Covid-19 pandemic. The range of emotions is so powerful. Please be assured that the Clarke County School District and school leaders are working to make sure that social and emotional resources are in place to support your children through these difficult times. We also want to share some resources with you that may help as you talk with your children this summer about issues around racism, bias, discrimination, and trauma. Take time as a family to reflect and seek understanding. Children look to adults to guide their thinking and exploration of complex issues. The following are some resources that we hope are helpful to you.

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### Resources to Talk to Children and Youth about Racism

- [A four-page document](#) of anti-racism resources.
- [Center for Racial Justice Education](#)
- [List of young children's books](#) to support conversations on race, racism, and resistance
- [An age-by-age guide](#) on talking to kids about racism, from infants/toddlers to teens/tweens
- [Another age-by-age guide](#) on talking to kids about fighting hate and racism
- The Smithsonian National Museum of African American History and Culture's [“Talking About Race”](#) site
- The American Psychological Association's [RESliencance site](#) has a focus on uplifting youth through healthy communication about race and includes numerous resources ranging from recommended books to racial stress and self-care.
- Healthline Parenthood's [Anti Racism Resources for Parents and Kids](#)

## Resources to Learn More

- *Just Mercy*, Free to Stream this Month (rated PG-13) Warner Bros. has made "Just Mercy" free to rent on digital streaming platforms for the month of June. The film is being offered as a resource to help educate people about the dangers of systemic racism. Based on a true story, the movie focuses on the life of civil rights attorney Bryan Stevenson (Michael B. Jordan) as he fights to overturn the wrongful murder conviction of Walter McMillian (Jamie Foxx).
- [Camara Jones TedTalk](#) on allegories on race and racism.
- [PBS's Race Matters- America in Crisis](#)- A PBS Newshour Special